



ISF GYMNASIADE – BAHRAIN 2024

# EVENT HANDBOOK

23-31 October 2024



INTERNATIONAL  
SCHOOL SPORT  
FEDERATION



ISF GYMNASIADE  
BAHRAIN 2024

# MANAGEMENT

**ISF X LOC**



## ISF Team



### Organiser:

International School Sport Federation (ISF)

### Contacts:

- [admin@isfsports.org](mailto:admin@isfsports.org)
- [sport@isfsports.org](mailto:sport@isfsports.org)
- [business@isfsports.org](mailto:business@isfsports.org)



ISF GYMNASIADE  
BAHRAIN 2024

## LOC - Local Organising Committee

The Executive Committee for Organizing the  
International School Sports Games

Office: [registration@isfbh.com](mailto:registration@isfbh.com)

Safeguarding officer: [a.budhaish53@gmail.com](mailto:a.budhaish53@gmail.com)



ISF GYMNASIADE  
BAHRAIN 2024

# IOC WELCOME MESSAGE



International  
Olympic  
Committee  
**The President**

## Welcome message for the International School Sport Federation

Dear Olympic friends,

What a wonderful message you are sending from Bahrain to the world: sport brings everyone together.

As you gather for the ISF Gymnasiade Bahrain 2024, I wish all the student athletes every success in their competitions. Most importantly: enjoy every moment of this unique experience and have lots of fun over the coming days. This is what sport is all about – making us dream, inspiring us, encouraging us to always give it our best, making new friends and filling our hearts with joy.

My heartfelt thanks and congratulations go to the International School Sport Federation, under the great leadership of its President Laurent Petrynka, for promoting education in and through sport in such an excellent way. My thanks also go to the Bahraini hosts and organisers for setting the stage for the student athletes to shine in the spirit of excellence, respect and fair play.

The many students from around the world who are coming together in Bahrain are the perfect illustration of our new Olympic motto: Faster, Higher, Stronger – Together.

In this Olympic spirit and united in our shared mission to make the world a better place through sport, I wish you a wonderful ISF Gymnasiade Bahrain 2024.

*Thomas Bach*

# LOC WELCOME WORDS

On behalf of the Local Organizing Committee, it is my great honor to welcome you to the 2024 ISF Gymnasiade here in Bahrain. This event represents not only a global celebration of youth sports, but also the biggest ever school sport event in the world. It is a unique opportunity to showcase the strength, talent, and passion that each of you brings from your respective countries.



Over the next few days, you will engage in fierce competition, but more importantly, you will forge friendships and memories that will last a lifetime. We are thrilled to host over 5,000 young athletes across 26 sports, each representing the best of their generation. As we come together, let us remember the core values that bind us: respect, sportsmanship, and the pursuit of excellence.

Bahrain, with its rich history and modern vibrance, is proud to be the stage for this extraordinary event. We have worked tirelessly to ensure that your experience here is not only about achieving personal and team success but also about cultural exchange, learning, and growth.

I encourage you to take in all that Bahrain has to offer, both on and off the field, and to embrace the spirit of unity that is at the heart of this event.

Welcome to the ISF Gymnasiade 2024! May this be an unforgettable journey for each of you.

Mr. Ali Eshaqi  
Head of the Local Organizing Committee  
ISF Gymnasiade 2024, Bahrain



# OVERVIEW

## FACTS & FIGURES

Country / Region	Additional Adult	Athlete	Coach	Referee	HoD	Other Team Official	Safeguarding Officer	YR	Grand Total
ALGERIA	4	67	13	5	1	4			94
ARGENTINA		8	2		1				11
ARMENIA	2	34	12	6	1				55
AUSTRIA		3	1		1				5
AZERBAIJAN	19	160	38	17	1	8			243
BAHRAIN	4	361	62	4	1	30			462
BANGLADESH	7	64	13	5	1	1	1	1	93
BELGIUM		18	3	1	2				25
BENIN	4	48	8	8	1		2	1	72
BRAZIL	56	274	53	17	1	2			403
BULGARIA	3	36	7	3	1	7			57
CAMEROON	3	6	2	1	1	3			16
CHILE	1	66	15		1	3			86
P.R.CHINA	25	105	27		1	19			177
CROATIA	11	56	24	1	1	8			101
CYPRUS	3	34	12	3	1	3	1		57
CZECH REPUBLIC		9	1	1	2				13
EGYPT	3	16	3	1	1	2			26
ENGLAND	11	39	9	5	1				65
ESTONIA	2	36	10	1	1	3			50
FRANCE	4	76	21	9	1	7		2	120
GREECE	3	66	8	2	1				80
HONG KONG, CHINA	3	66	8		1	7			85
HUNGARY	4	86	30	12	1				133
INDIA	7	173	22	7	3	8			220
IRAN	3	81	17	1	1	6	2		111
ITALY	2	22	6		1				31
IVORY COAST	1	8	2		1				12

\*participants number are subject to change\*



# OVERVIEW

## FACTS & FIGURES

Country / Region	Additional Adult	Athlete	Coach	Referee	HoD	Other Team Official	Safeguarding Officer	YR	Grand Total
JORDAN	2	10	2	1	1	3			19
KAZAKHSTAN		18	6	1	1	3	1		30
KUWAIT	1	28	10	1	1	4			45
LUXEMBOURG		2	1		1				4
MALAWI		8	2		1				11
MALI		7	1		1	2	1		12
MALTA	2	12	4		1		1		20
MAURITIUS		7	5		1				13
MÉXICO	4	147	31	4	1	6			193
MOLDOVA		8	3		1	2		1	15
MONGOLIA	2	9	3	1	1			1	17
MONTENEGRO		2	1		1				4
MOROCCO	5	71	11		1	1			89
NAMIBIA		12	1		1	5	1		20
NEPAL	11	32	10	2	1	9		1	66
NIGERIA	4	14	3		1	3			25
NORTH MACEDONIA	1	13	4	2	1	1	1		23
OMAN	10	25	9		1				45
PAKISTAN	1	14	2		1				18
PHILIPPINES		6	3		1	2	7		19
POLAND		19	4		2				25
PUERTO RICO		21	5		2	2			30
QATAR	1	10	5	2	1				19
QUEBEC	1	44	15	1	1	5			67
REPUBLIC OF SRPSKA	1	6	2		1				10
ROMANIA	11	144	35	3	1	10		2	206
SAUDI ARABIA	19	242	49	4	1	63			378
SIERRA LEONE	1	8	2		1		1	1	14

\*participants number are subject to change\*



ISF GYMNASIADE  
BAHRAIN 2024

# OVERVIEW

## FACTS & FIGURES

Country / Region	Additional Adult	Athlete	Coach	Referee	HoD	Other Team Official	Safeguarding Officer	YR	Grand Total
SLOVENIA	2	44	12	1	1	1			61
SOUTH AFRICA		3		1	1				5
SWITZERLAND	1	9	1		1				12
CHINESE TAIPEI		120	38	15	1	32			206
TAJKISTAN		2			1				3
Thailand	7	36	9	1	1	4			58
TOGO		2	1		1	1			5
TÜRKIYE	9	74	21	5	1				110
UGANDA	16	52	9		1	15	1		94
UKRAINE	12	134	39	5	1	1			192
UNITED ARAB EMIRATES	19	123	33	8	2	12			197
UNITED STATES	11	117	24	5	3	7			167
<b>TOTAL</b>	<b>339</b>	<b>3673</b>	<b>845</b>	<b>173</b>	<b>79</b>	<b>314</b>	<b>20</b>	<b>10</b>	<b>5453</b>

\*participants number are subject to change\*

**Note: If two or more delegations from the same country or region are listed in the table, they will be merged and represented as a single entry. This also applies to the medal table ranking, where the combined delegations will be treated as a single entity.**

### REGISTRATION PER SPORT AND DISCIPLINE





ISF GYMNASIADE  
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# OVERVIEW

## FACTS & FIGURES BY SPORT

Sports	Girls	Boys	Total
Archery	42	48	90
Athletics	233	285	518
Badminton	66	67	133
Basketball 3x3	87	152	239
Beach Volleyball	39	74	113
Boxing	43	161	204
Chess	46	71	117
DanceSport	22	17	39
Fencing	52	49	101
Aerobic Gymnastics	34	5	39
Artistic Gymnastics	51	37	88
Rhythmic Gymnastics	40		40
Handball	79	110	189
Judo	55	111	166
Karate	86	113	199
Orienteering	20	16	36
Padel	10	37	47
Para Athletics	16	27	43
Para Badminton	1	4	5
Para Judo	6	10	16
Para Swimming	9	24	33
Swimming	177	224	401
Table Tennis	47	90	137
Taekwondo	138	184	322
Tennis	37	56	93
Wrestling	89	190	279
<b>Total</b>	<b>1542</b>	<b>2172</b>	<b>3673</b>



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# OVERVIEW

## DAILY PROGRAM



October 22	October 23	October 24	October 25	October 26	October 27
Arrival (Optional) Accreditation	Arrival (Mandatory) Accreditation	Technical Meetings Competition 9:30 - 6pm Trainings Opening Ceremony	Competition 8:30am-8pm ISF Academy Safeguarding Anti-Doping Mental Health	Competition 8:15am - 8pm ISF Academy Safeguarding Anti-Doping Mental Health Gala Dinner 20h	Cultural Day ISF Academy Safeguarding Anti-Doping Mental Health Nations Night 15:00 - 21:00
October 28	October 29	October 30	October 31	November 1	
Competition 8:30 - 8pm ISF Academy Safeguarding Anti-Doping Mental Health	Competition 8:30 - 8pm ISF Academy Safeguarding Anti-Doping Mental Health	Competition 9:00 - 4pm Closing Ceremony	Departure	Departure (Optional)	

# PARTICIPATION

## INFORMATION

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- Each participant is required to be present throughout the whole duration of the event, from the day of arrival until the day of departure, specified in the programme in the bulletin.
- Each participant is obliged to take part in all of the non-sport activities.
- Each team undertakes to compete against all other participating teams.
- Each participant undertakes to compete against all other participants.
- The absence of any member of a participating team from any part of the entire sport programme, opening, prize-giving, closing ceremonies and socio-cultural programme may result in the disqualification of that team.

# TRANSPORTATION

## DETAILS

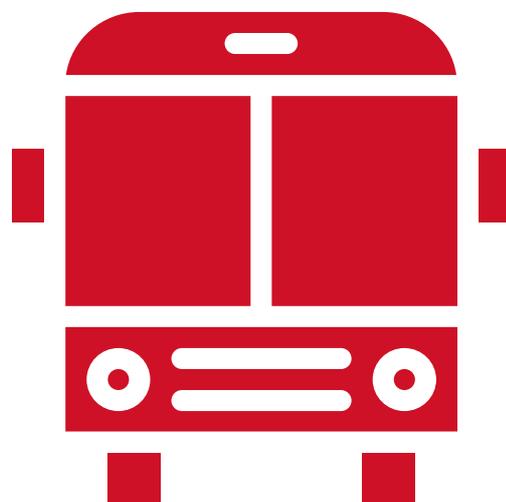
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There will be schedule bus service according to the sport program and other non sport activities. A designated board will be placed at the hotel where all information will be published daily.

This bus services will be used for various purposes, including transportation to training and competition venues, arrivals and departures, as well as for attending the opening and closing ceremonies.

Additionally, it will be available for cultural and educational activities.

Schedule will be publish dally in the hotel lobby.



# ARRIVALS

## INFORMATION

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We extend a warm welcome to your esteemed delegation to Manama, the host city of this year's ISF Gymnasiade. To ensure a seamless start to your stay, please find below the step-by-step process for your arrival:

### Arrival at International Bahrain Airport:

- Upon your delegation's arrival at International Bahrain Airport, a bus will be stationed outside the terminal.
- A courteous team member will be there to guide you to the bus, which will be ready to transport your delegation to the designated hotel.

### Transfer to Tournament Hotel:

- The bus will provide a comfortable journey to the hotel where your delegation will be accommodated for the duration of the Event.
- Upon arrival at the hotel, our staff will be on hand to assist with check-in and ensure your delegation settles in smoothly.

### Accreditation Process for Delegations:

- The day following your arrival, we have arranged a special transport for the Head of Delegation to Accreditation centre.
- Once the accreditation is completed, the Head of Delegation will be promptly returned to their hotel.
- We kindly ask you to bring all passports and other relevant documents that are needed for the accreditation.
- Please note that all delegation that have not settled the payment of all costs (accommodation, ISF levy, ISF academy, missing referees) will not be able to participate in competition until all costs are settled.

### Enjoy Your Stay:

- Throughout your stay, our team will be available to assist with any queries or requirements.
- We hope you find your accommodations comfortable and conducive to a successful championship experience.

We are delighted to have your delegation join us for the ISF Gymnasiade 2024 and wish you the best of luck in the competition!

# SECURITY

## INFORMATION

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### **Mission:**

The Ministry of Interior will undertake all security arrangements during the 2024 ISF GYMNASIADE Bahrain thus to ensure Public Safety, Order, and Comprehensive Protection, as well as the safe movement of Visitors and Participants in the event. This includes all Sports Facilities and Venues where competitions will take place, in addition to ensuring Accommodation official Delegations and Teams participating in the event.

### **Security Committee:**

- Security Measures at Bahrain International Airport:
  - Security presence at Bahrain International Airport to monitor and ensure the procedures for the arrival and departure of participants in the event.
- Security Measures for Hotels and Accommodation:
  - Securing the Hotels and Accommodation sites approved by the organizing committee for the event.
  - Securing the residential floors, entrances and exits of the hotels.
  - Securing parking areas and nearby locations of the hotels.
  - Securing the roads leading to and from the accommodation sites.
  - Establishing security offices in all accommodation hotels.
- Security Measures for Sports Facilities:
  - Patrolling sports facilities.
  - Deploying police officers at sports facilities.
  - Increasing Civilian and Military Patrols around the Sports Facilities and its surroundings.
  - Securing all parking areas for the sports venues.
  - Clearing roads leading to stadiums and training fields and return routes to accommodation (if necessary).
  - Securing training fields during practice sessions.
  - Securing and protecting roads near training fields and its surroundings.



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# SECURITY INFORMATION



## Customs:

With our commitment to uphold Customs and traditions in the Kingdom of Bahrain, we would like to emphasize the importance of instructing participants to adhere to behaviours that reflect respect to society and its values. In this regard, we kindly request your attention to encourage participants to comply with the following:

- Refrain from displaying any acts of public affection, such as kissing, or any other physical display of intimacy, as such behaviours do not align with the values and traditions observed in the Kingdom of Bahrain.
- Refrain from displaying acts or behaviours related to homosexuality in public, as such matters must remain private and personal. These behaviours conflict the values and traditions observed in the Kingdom of Bahrain.

Furthermore, the behaviours highlighted above is in violation of the laws in the Kingdom of Bahrain which mandate the respect of public morals .

We appreciate your understanding and cooperation and look forward to your continued efforts in this regard.

Kingdom of Bahrain  
Ministry of Interior

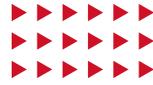


مملكة البحرين  
وزارة الداخلية



ISF GYMNASIADE  
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# ACCOMMODATION INFORMATION



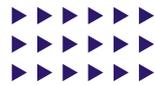
#	Hotel	Area	Person in-charge	Con. Number	Security Name	Number
1	The Art	Amwaj	Fowzia Zubari	35666999	Mahmood	39220552
2	Golden Tulip	Manama	Manooj Pillai	39995154	Kadhim	39000015
3	Diva hotel	Juffair	Sajit Francis	39307158	Noel	66341668
4	Arman Hotel	Juffair			Priyam	66332803
5	Ramada By Wyndham	Adlia	Kaoutar Benkhaldoun	33037708	Salah	36662283
6	The K	Juffair	Fadhel Rustom	36021807	Nader	36170479
					Abdulla	36021842
7	Almanzil Hotel	Juffair	Fazlin Ahmed	33556060	Bejamin	33491973
8	The Seven Hotel	Juffair	Yasmin Hafez	33599923	Mohamed	32166766
9	City Center Hotel	Seef			Omar	35031190
10	Gulf Court Hotel	Sanabis	Suresh Surana	39833769	Mohamed	33666851
11	Fraser Suites Diplomatic	Diplomatic	Chris	33292169	Navas	33621025
12	Swiss Bell Hotel	Seef	Moataz	66392866	Rania	36188222
13	Swiss Bell Suites Admiral	Juffair			Mohamed	33595111
14	Gulf Hotel	Adlia	Khalifa	34488342	Dawood	36588088
15	Ramada City Center	Seef	Arer	38111250	Ahmed	66363623
16	Novatel	Muharraq	Khalifa	34488342	Ram	66661140
17	ibis	Sanabis	Saeed	66644188	Hani	66392403
18	Rami Place	Juffair	Azeem	36897344	Husain	36331334
19	Rami Grand Seef	Seef			Kelly	33272023
20	Orange Suit	Juffair	Hesham	33219289	Ali	33910736
21	Le Meridien	Seef	Ali Jasim	38885867	Wael	38885870
22	Wyndham Garden	Juffair	Rawan	66398014	Nurun	66393057
23	Tulip Hotel & Suites	Sanabis	Ahmed	38828257	Ammar	33079561
24	Crown Plaza Diplomat	Diplomat	39980716	Mahmood	32239488	Santosh
25	Hilton Garden	Bahrain Bay	34188881	Mahmood	33533935	Mustafa
26	Rotana Down Town	Manama	34001564	Halawa	39917250	Silivia
27	AlRaya Suites	Sanabis	33940748	Rica	33940748	Rica
28	Olive Hotel	Juffair	33239900	Mahmood	38320555	Mushtaq

PLEASE CHECK WHERE IS YOUR DELEGATION ACCOMMODATED FOLLOWING THIS [LINK](#)

DELEGATIONS THAT HAVE NOT YET BEEN ASSIGNED HOTELS WILL RECEIVE UPDATES SHORTLY



# DINING



Three hot meals will be served in hotels, or lunch boxes on demand.

Breakfast	Lunch	Dinner
6:30 - 10:00	12:00 - 15:30	19:00 - 23:00

Depending on the sport program please announce lunch box one day before if you can not make it for lunch in the hotel.

# MEETINGS



## 24.10. The Art Hotel

- 09:30 - Head of delegation meeting



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# OPENING CEREMONY



Opening ceremony will take place at Bahrain National Stadium on October 24. at 17:30.

Transportation plan will be published day before in lobby of hotels.



Delegations will have a march pass around the stadium in alphabetical order. More details will be noted during HOD meeting. Only accredited persons will have access.



ISF GYMNASIADE  
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# CLOSING CEREMONY

**Closing ceremony will be done in Halifa stadium at 18h.**

**Transportation plan for closing ceremony will be published day before in lobby of hotels.**





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# CULTURAL ACTIVITIES

## CULTURAL VISIT

- The Cultural day will be done in the middle of competition **on October 27th**
- After breakfast at the hotel, delegation will gather for departure
- Teams will be transported by bus to the location of the Cultural Day
- There will be schedule visit of all participants **to beautiful historical sites of Bahrain**
- Transport and groups will be published in lobby of hotels one day before.





ISF GYMNASIADE  
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# CULTURAL ACTIVITIES

## NATIONS NIGHT

The Nations' Night promotes cultural exchanges between participating countries by offering each delegation the opportunity to have a stand where it can present itself in a spirit of fairness. Delegations are free to bring whatever material they need to showcase their culture on their stand.

The Nations Night is scheduled for October **27th**, in the **Fun and Skill Zone** area from **15:00-21:00**. Participation on this event is mandatory for all countries and regions and delegation will have option to perform on the stage with a dance/song typical of their country/region **maximum 2min**.





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# GALA DINNER

## INFORMATION



26.10.2024.



Visitors center - The pearling path



20h - 23h

All adults delegation members are invited to participate in a ISF Charity Gala Dinner with the price of **50 euro per person**. You will experience a curated Bahraini dinner menu and a live entertainment band and LOC can arrange a tour of the old Muharraq city if requested

Transport plan for Gala Dinner will be published day before in the lobby of the hotels.



A traditional cultural area reflecting the Bahrain architecture.

## SPORT PROGRAM

Final Competition Schedule is subject to change based on final registration and delegation arrival on-site. It will be shared with all participant delegations at the technical meeting per sport respectively.

There will be no training for any sport on Cultural Day (27th of October)

October 2024	24.10.	25.10.	26.10.	27.10.	28.10.	29.10.	30.10.
SPORTS				Cultural Day			
Archery		9:15am to 12:30pm	8:15am to 12:45pm		8:30am to 11:45am / 3pm to 4:30pm	8:30am to 12:55pm	9am to 11:20am
Athletics		3pm to 8pm	3pm to 7:05pm		3pm to 7pm	3pm to 6:55pm	
Para athletics		3pm to 8pm	3pm to 7:05pm		3pm to 7pm	3pm to 6:55pm	
Badminton		9am - 11am	9am - 4pm		9am - 11am		
Para Badminton		9am - 4pm	9am - 4pm		9am - 4pm		
Basketball 3x3			8am to 3:40pm		8am to 3:40pm	8am to 4pm	9am to 2:50pm
Beach volleyball		9am to 12pm / 3pm to 8pm	9am to 12pm / 3pm to 8pm		9am to 12pm / 3pm to 8pm	9am to 12pm / 3pm to 8pm	9am to 11am
Boxing		10:30am - 3pm (Reserve session until 6pm)	10:30am - 3pm (Reserve session until 6pm)		10:30am - 3pm (Reserve session until 6pm)	10:30am - 3pm (Reserve session until 6pm)	10:30am - 3pm (Reserve session until 6pm)
Chess		11am to 1:15pm	11am to 2:30pm		11am to 1:15pm	11am to 2:30pm	
DanceSport			9am - 3pm		9am - 2pm	10am - 1pm (workshop)	
Fencing			10am to 4:50pm		10am to 5:35pm	10am to 4:50pm	
Gymnastics Artistic						10:30am to 12:30pm / 2pm to 4pm / 5:30pm to 7:30pm	10:30 to 12pm / 2pm to 3:30pm
Gymnastics Rhythmic						10am to 2:50pm / 4pm to 4:35pm	10am to 12:35pm / 14:00 to 15:35
Gymnastic Aerobic		9:45am to 12pm	9:45am to 12:15pm				
Handball		9am to 7pm	9am to 7pm		9am to 7pm	9am to 7pm	11am to 1pm
Judo		10am to 4:44pm	10am to 4:21pm				
Para Judo			10am to 4:21pm				
Karate	9:30am to 1pm / 2pm to 6pm	9:30am to 1pm / 2pm to 6pm	9:30am to 12:30pm / 2pm to 5pm				
Orienteering			8:30am to 09:30am		8:30am to 10:30am	8:30am to 10:30am	
Padel		9am to 7pm	9am to 6pm				
Swimming		9:30am to 12pm / 5pm to 8pm	9:30am to 12pm / 5pm to 8pm		9:30am to 12pm / 5pm to 8pm	9:30am to 12pm / 5pm to 8pm	
Para Swimming		5pm to 8pm	5pm to 8pm		5pm to 8pm	5pm to 8pm	
Table Tennis		9am to 3pm	9am to 3pm		9am to 3pm	9am to 7pm	9am to 3pm
Taekwondo				8-10am (Weigh in)	9am to 1pm / 2pm to 6pm	9am to 1pm / 2pm to 6pm	
Tennis		9am to 6pm	9am to 6pm		9am to 5pm	9am to 6pm	9am to 3pm
Wrestling					9:30am to 1pm / 2pm to 4pm	9:30am to 1pm / 2pm to 4pm	9:30am to 1pm / 2pm to 4pm

## CONTACT INFORMATION PER SPORT

SPORTS	NAME & CONTACT DETAILS (IF Technical Delegate & ISF TC President)
Archery	Rifaat Chabouk - archeryisf@federarco.es
Athletics & Para Athletics	Nihat Doker - nihaddoker@gmail.com & Efthymios Polydorou - eftymiospolydorou@gmail.com
Badminton & Para Badminton	Sahir Edoo - s.edoo@bwf.sport & Fern Gilders - f.gilders@bwf.sport
Basketball 3x3	Nicolas Widmer - nicolas.widmer.2@gmail.com & Abaakil Samir - abaakilsamir@gmail.com
Beach Volleyball	Gino Grajeda - ggrajeda181@msn.com
Boxing	Ian Ireland - ian-ireland@outlook.com
Chess	Toms Kalnins - toms.kalnins@outlook.lv & Ozgur Solakoglu - ozgurso@gmail.com
DanceSport	Dragana Majcen - dragana.majcen@gmail.com
Fencing	Ziad Feriani - ferianiriad@hotmail.fr - Maria Leonor Estampador - mjestampador@gmail.com
Aerobic Gymnastics	Ana Macanita - margaridamacanita@gmail.com & Renata Kopczk - renata.kopczyk@gmail.com
Artistic Gymnastics	Arturs Mickevics - amickevics@gmail.com/ Donatella Sacchi - donatellasacchi@hotmail.com & Serge Val Poelvoorde - serge@qatargym.com/ Ali Al Hitmi - al-hitmi@qatargym.com
Rhythmic Gymnastics	Noha Abou Shabana - noha.aboushabana@yahoo.com & Ming Fan - rgfan@126.com
Handball	Assem El-Saadany - elsaadany@ihf-online.info
Judo & Para Judo	Albert Gmeiner - albert.gmeiner@geoteam.net & Norbert Viktor Biro - bnorbortusz@gmail.com
Karate	Constantin - caliman.constantin@fssu.ro Ana Maria (SKDUN) - amsana2001@gmail.com & Karl Hans Konig (WFF) - karlhans.koenig@freenet.de & Paul Catanas (WUKF) paul_cpa1@yahoo.com/ Caliman
Orienteering	Sondre Sandre Gullord - sondre.gullord@orienteering.sport & Todor Pedev - todor_pedev@abv.bg
Padel	Jose Catalan - jose.catalan@padelfip.com
Swimming & Para Swimming	Alexis Kyriakides - kalexis74@gmail.com & Marcelo Rozemberg Ottoline de Oliveira - marceloottoline@gmail.com
Table Tennis	Pieter Schippers - pieter.schippers@telenet.be
Taekwondo	Fernando Canada - fercanada@hotmail.com & Raj Kumar Karki - rajntu@gmail.com
Tennis	Martin Vassallo - martinvassallo@icloud.com
Wrestling	Kristijan Slacanac - kristijan.slacanac@gmail.com & Habibollah Akhlaghi - habib.akhlaghi1985@gmail.com

## TECHNICAL MEETINGS



### Technical Meetings

Date	Location	Sport	Time	
23 October 2024	Art Hotel – Amwaj Island	Karate	18:30	
24 October 2024	Art Hotel – Amwaj Island	Swimming & Para-Swimming	11:00	
		Athletics & Para-Athletics	12:15	
		Judo & Para-Judo	13:15	
	Hotel Ramada City Center	Hall 1	Beach Volleyball	10:00
		Hall 2	Boxing	10:00
		Hall 1	Chess	11:00
		Hall 2	Aerobic Gymnastics	11:00
		Hall 1	Handball	12:00
		Hall 2	Tennis	12:00
	Khalifa Sport City	Archery	10:00	
Isa Sport City – Hall D	Badminton & Para-Badminton	11:00		
Isa Sport City – Hall B	Table Tennis	11:30		
25 October 2024	British School Hamala	Dance Sport	10:30	
	Ramy Grande Hotel – Seef	Basketball 3x3	10:00	
		Fencing	11:00	
		Orienteering	12:00	
26 October 2024	Bahrain National Stadium	Taekwondo	10:00	
27 October 2024	Bahrain National Stadium	Wrestling	11:00	
28 October 2024	Bahrain National Stadium	Rhythmic Gymnastics	18:00	
		Artistic Gymnastics	19:00	

## ARCHERY

ISF TC President

Rifaat Chabouk

Age Category

2007 - 2008 - 2009

[Click here for the Competition Schedule](#)

### Competition Format

#### BOYS

1. Individual Recurve boys
2. Individual Compound boys
3. Recurve Boys Team
4. Compound Boys Team

#### GIRLS

1. Individual Recurve girls
2. Individual Compound girls
3. Recurve Girls Team
4. Compound Girls Team

#### MIXED

1. Recurve mixed team event
2. Compound mixed team event

### Number of Medals

	Gold	Silver	Bronze	Medal Events
Archery	20	20	20	10

## ATHLETICS & PARA ATHLETICS

<b>ISF TC President (Athletics)</b>	<b>Nihat Doker</b>
<b>ISF TC President (Para Athletics)</b>	<b>Efthymios Polydorou</b>
<b>Age Category</b>	<b>2006 - 2007 - 2008 - 2009</b>

Click here for the [Competition Schedule](#)

Training sessions - Possible on 23rd and 24th of October between 8am to 1pm. (TBC)

### Competition Format

#### Para Athletics

#### Athletics

BOYS	GIRLS	BOYS	GIRLS
<ul style="list-style-type: none"> <li>1. 100 m (track)</li> <li>2. 400 m (track)</li> <li>3. 1500 m (track)</li> <li>4. 3000 m (track)</li> <li>5. Shot put (field)</li> <li>6. Javelin throw (field)</li> <li>7. Discus throw (field)</li> <li>8. Club (hammer) throw (field)</li> <li>9. Long jump (field)</li> </ul>	<ul style="list-style-type: none"> <li>1. 100 m (track)</li> <li>2. 400 m (track)</li> <li>3. 1500 m (track)</li> <li>4. 3000 m (track)</li> <li>5. Shot put (field)</li> <li>6. Javelin throw (field)</li> <li>7. Discus throw (field)</li> <li>8. Club (hammer) throw (field)</li> <li>9. Long jump (field)</li> </ul>	<ul style="list-style-type: none"> <li>• 100m, 200m, 400m, 800m, 1500m, 3000m</li> <li>• 110m hurdles (91.4cm), 400m hurdles (84.0cm), 2000m steeplechase (84.0cm)</li> <li>• High Jump, Long Jump, Triple Jump, Pole Vault</li> <li>• Shot Put (5kg), Discus (1.5kg), Javelin (700g), Hammer (5kg)</li> <li>• 4x100m relay, Medley (100x200x300x400m), Medley (200x400x600x800m)</li> </ul>	<ul style="list-style-type: none"> <li>• 100m, 200m, 400m, 800m, 1500m, 3000m</li> <li>• 100m hurdles (76.2cm), 400m hurdles (76.2cm), 2000m steeplechase (76.0cm)</li> <li>• High Jump, Long Jump, Triple Jump, Pole Vault • Shot Put (3kg), Discus (1kg), Javelin (500g), Hammer (3kg)</li> <li>• 4x100m relay, Medley (100x200x300x400m), Medley (200x400x600x800m)</li> </ul>

### Number of Medals

	Gold	Silver	Bronze	Medal Events
<b>Athletics</b>	<b>58</b>	<b>58</b>	<b>58</b>	<b>40</b>
<b>Para Athletics</b>	<b>18</b>	<b>18</b>	<b>18</b>	<b>54</b>

## BADMINTON & PARA BADMINTON

**IF Technical Delegates**

**Sahir Edoos & Fern Gilders**

**Age Category**

**2006 - 2007 - 2008 - 2009**

**Click here for the [Competition Schedule](#)**

### Competition Format

#### Badminton

**BOYS**

- 1. Single
- 2. Double

**GIRLS**

- 1. Single
- 2. Double

**MIXED**

- 1. Mixed double
- 2. Mixed team relay

#### Para Badminton

**BOYS**

- 1. Single

**GIRLS**

- 1. Single

**MIXED**

- 1. Mixed double

### Number of Medals

	Gold	Silver	Bronze	Medal Events
Badminton	20	20	40	6
Para Badminton	7	7	6	4

## BASKETBALL 3X3

<b>ISF TC President</b>	<b>Abaakil Samir</b>
<b>IF Technical Delegate</b>	<b>Nicolas Widmer</b>

<b>Age Category</b>	<b>2006 - 2007 - 2008 - 2009</b>
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[Click here for the Competition Schedule](#)

[Click here for the Training Schedule](#)

### Competition Format

<b>BOYS</b>	<b>GIRLS</b>
Tournament	Tournament

**ROUND ROBIN FOLLOWED BY KNOCKOUT. NO CLASSIFICATION GAMES, ONLY A 3RD PLACE GAME EACH TEAM HAS A MINIMUM OF 6 GAMES (2 GAMES PER DAY)**

**BOYS - 5 POOLS OF 7 OR 8 TEAMS TOP 3 OF EACH POOL AND THE BEST 4TH AFTER ROUND ROBIN ARE QUALIFIED TO LAST 16**

**GIRLS - 3 POOLS OF 7 TEAMS TOP 5 OF EACH POOL AND THE BEST 6TH AFTER ROUND ROBIN ARE QUALIFIED TO THE LAST 16**

### Number of Medals

	Gold	Silver	Bronze	Medal Events
<b>Basketball 3x3</b>	8	8	8	2

## BEACH VOLLEYBALL

ISF TC President

Gino Grajeda

Age Category

2006 - 2007 - 2008 - 2009

[Click here for the Competition Schedule](#)

Training sessions - Possible on 23rd and 24th of October. (TBC)

### Competition Format

BOYS

Tournament

GIRLS

Tournament

### Number of Medals

	Gold	Silver	Bronze	Medal Events
Beach Volleyball	8	8	8	2

## BOXING

ISF TC President

Ian Ireland

Age Category

Class B (2006 - 2007) & Class A (2008 - 2009)

Click here for the [Competition Schedule](#)

### Competition Format

CLASS A (2008-2009)*		CLASS B (2006-2007)*	
BOYS	GIRLS	BOYS	GIRLS
44-46kg	44-46kg	46-48kg	45-48kg
46-48kg	46-48kg	48-51kg	48-50kg
48-50kg	48-50kg	51-54kg	50-52kg
50-52kg	50-52kg	54-57kg	52-54kg
52-54kg	52-54kg	57-60kg	54-57kg
54-57kg	54-57kg	60-63.5kg	57-60kg
57-60kg	57-60kg	63.5-67kg	60-63kg
60-63kg	60-63kg	67-71kg	63-66kg
63-66kg	63-66kg	71-75kg	66-70kg
66-70kg	66-70kg	75-80kg	70-75kg
70-75kg	70-75kg	80-86kg	75-81kg
75-80kg	75-80kg	86-92kg	81+kg
80+kg	80+kg	92+kg	

### Number of Medals

	Gold	Silver	Bronze	Medal Events
Boxing	51	51	102	51

# SPORT



# CHESS

<b>ISF TC President</b>	<b>Ozgur Solakoglu</b>
<b>IF Technical Delegate</b>	<b>Toms Kalnins</b>

<b>Age Category</b>	<b>2006 - 2007 - 2008 - 2009 - 2010 - 2011</b>
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Click here for the [Competition Schedule](#)

## Competition Format

<b>BOYS</b>  Tournament	<b>GIRLS</b>  Tournament
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## Number of Medals

	<b>Gold</b>	<b>Silver</b>	<b>Bronze</b>	<b>Medal Events</b>
<b>Chess</b>	<b>2</b>	<b>2</b>	<b>2</b>	<b>2</b>

## DANCE SPORT

ISF TC President

Dragana Majcen

Age Category

2006 - 2007 - 2008 - 2009

Click here for the [Competition Schedule](#)

### Competition Format

<b>BREAKING</b>  1. Boys 2. Girls 3. Mixed	<b>PERFORMING ART</b>  Teams <i>(Boys and/or girls and/or mixed)</i>	<b>HIP HOP</b>  Teams <i>(Boys and/or girls and/or mixed)</i>	<b>LATIN</b>  Teams <i>(Boys and/or girls and/or mixed)</i>
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### Number of Medals

	Gold	Silver	Bronze	Medal Events
DanceSport	30	30	30	6

## FENCING

<b>ISF TC President</b>	<b>Maria Leonor Estampador</b>
<b>IF Technical Delegate</b>	<b>Ziad Feriani</b>
<b>Age Category</b>	<b>2006 - 2007 - 2008 - 2009</b>

Click here for the [Competition Schedule](#)

### Competition Format

<b>BOYS</b>	<b>GIRLS</b>
1. Epee	1. Epee
2. Sabre	2. Sabre
3. Foil	3. Foil

### Number of Medals

	<b>Gold</b>	<b>Silver</b>	<b>Bronze</b>	<b>Medal Events</b>
<b>Fencing</b>	<b>6</b>	<b>6</b>	<b>12</b>	<b>6</b>

## AEROBIC GYMNASTICS

<b>ISF TC President</b>	Renata Kopczyk
<b>IF Technical Delegate</b>	Ana Maçanita

<b>Age Category</b>	2007 - 2008 - 2009
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Click here for the [Competition Schedule](#)

### Competition Format

<b>BOYS</b> 1. Individual	<b>GIRLS</b> 1. Individual	<b>MIXED</b> 1. Pairs 2. Trio 3. Group
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### Number of Medals

	Gold	Silver	Bronze	Medal Events
<b>Aerobic Gymnastics</b>	12	12	12	5

## ARTISTIC GYMNASTICS

<b>ISF TC President</b>	<b>Ali Al Hitimi &amp; Serge Van Poolverde</b>
<b>IF Technical Delegates</b>	<b>Arturs Mickevics (MAG) and Donatella Sacchi (WAG)</b>
<b>Age Category</b>	<b>2009 -2010 (GIRLS) / 2006 - 2007 - 2008 (BOYS)</b>

[Click here for the Competition Schedule](#)

### Competition Format

<b>BOYS</b> <ul style="list-style-type: none"><li>• Floor Exercise</li><li>• Pommel Horse</li><li>• Rings</li><li>• Vault</li><li>• Parallel Bars</li><li>• Horizontal Bar</li><li>• Individual All-Around</li><li>• Team Competition</li></ul>	<b>GIRLS</b> <ul style="list-style-type: none"><li>• Vault</li><li>• Uneven Bars</li><li>• Balance Beam</li><li>• Floor Exercise</li><li>• Individual All-Around</li><li>• Team Competition</li></ul>
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### Number of Medals

	<b>Gold</b>	<b>Silver</b>	<b>Bronze</b>	<b>Medal Events</b>
<b>Artistic Gymnastics</b>	<b>27</b>	<b>27</b>	<b>27</b>	<b>14</b>

## RHYTHMIC GYMNASTICS

<b>ISF TC President</b>	Ming Fan
<b>IF Technical Delegate</b>	Noha Abou Shabana

<b>Age Category</b>	2009 - 2010 (Girls)
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Click here for the [Competition Schedule](#)

### Competition Format

#### GIRLS

##### GROUP COMPETITION

- 5 pairs of Clubs
- 5 Hoops

##### INDIVIDUAL COMPETITION

*All around competition*

- Hoop
- Ball
- Clubs
- Ribbon
- Individual Finals Apparatus

### Number of Medals

	Gold	Silver	Bronze	Medal Events
<b>Rhythmic Gymnastics</b>	21	21	21	8

## HANDBALL

ISF TC President

Assem El-Saadany

Age Category

2007 - 2008 - 2009

**Click here for the Competition Schedule**

Training sessions - Possible on 23rd and 24th of October. (TBC).

### Competition Format

**BOYS**

Tournament

**GIRLS**

Tournament

### Number of Medals

	Gold	Silver	Bronze	Medal Events
Handball	42	42	42	2

## JUDO & PARA JUDO

<b>ISF TC President (Judo)</b>	<b>Albert Gmeiner</b>
<b>ISF TC President (Para Judo)</b>	<b>Norbert Biro</b>

<b>Age Category (Judo)</b>	<b>2007 - 2008 - 2009</b>
<b>Age Category (Para Judo)</b>	<b>2006 - 2007 - 2009 - 2009</b>

**Click here for the [Competition Schedule](#)**

Training sessions - Possible on 23rd and 24th of October. (TBC)

### Competition Format

#### Judo

#### Para Judo

BOYS		GIRLS		BOYS		GIRLS	
-50kg	-73kg	-40kg	-57kg	1. -60kg		1. -57kg	
-55kg	-81kg	-44kg	-63kg	2. -73kg		2. +57kg	
-60kg	-90kg	-48kg	-70kg	3. +73kg			
-66kg	+90kg	-52kg	+70kg				

### Number of Medals

	Gold	Silver	Bronze	Medal Events
<b>Judo</b>	<b>16</b>	<b>16</b>	<b>32</b>	<b>16</b>
<b>Para Judo</b>	<b>5</b>	<b>5</b>	<b>10</b>	<b>5</b>

## KARATE

<b>ISF TC President</b>	<b>Caliman Constantin</b>
<b>IF Technical Delegates</b>	<b>Paul Catanas – Karl Hans Konig – Ana Maria Andreea Sasu</b>

<b>Age Category</b>	<b>2006 – 2007 – 2008 – 2009 – 2010</b>
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[Click here for the Competition Schedule](#)

### Competition Format

<b>CATEGORY BY BELTS/RANKING</b>  A. Green and blue belts <i>Only in kata Discipline</i>  B. Brown and black belts <i>Only in kata Discipline</i>	Individual Kata <b>Girls</b>	Team Kata Girls (3 athletes)
	Individual Kata <b>Boys</b>	Team Kata Boys (3 athletes)
<b>SPORT KUMITE</b> 1. JUNIORS I (2008-2010) 2. JUNIORS II (2006-2007)  <i>Individual and team Inter-style All Belts</i> Boys                      Girls 1. -65 kg                  1. -55kg 2. -75kg                  2. -60kg 3. +75kg                  3. +60kg  <small>iranian shobu system      *japan shobu system</small>	Ind. Fuku-Go <b>Girls</b>	Enbu Girl&Boy (2 athletes)
	Ind. Fuku-Go <b>Boys</b>	Enbu Boy&Boy (2 athletes)
	Ind. Ko-go Kumite Girls	Ko-go Kumite Team Girls (4 athletes)
	Ind. Kumite Boys*	Kumite Team Boys* (4 athletes)
	Individual Ikkaido	Team Ikkaido (3 athletes Mix gender) (Min 1 Max 2 athletes with disabilities)
	Individual Kobudo Girls	Individual Kobudo Boys

### Number of Medals

	<b>Gold</b>	<b>Silver</b>	<b>Bronze</b>
<b>Karate</b>	<b>138</b>	<b>105</b>	<b>158</b>

## ORIENTEERING

<b>ISF TC President</b>	<b>Todor Pedev</b>
<b>IF Technical Delegate</b>	<b>Tatiana Kalenderoglu</b>
<b>Age Category</b>	<b>2006 - 2007 - 2008 - 2009</b>

**Click here for the [Competition Schedule](#)**

Training sessions - Possible on 23rd and 24th of October. (TBC)

### Competition Format

<b>BOYS</b> 1. Individual and/or team sprint distance 2. Individual and/or team middle distance	<b>GIRLS</b> 1. Individual and/or team sprint distance 2. Individual and/or team middle distance
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### Number of Medals

	<b>Gold</b>	<b>Silver</b>	<b>Bronze</b>	<b>Medal Events</b>
<b>Orienteering</b>	<b>16</b>	<b>16</b>	<b>16</b>	<b>6</b>

## PADEL

**IF Technical Delegate**

**Javier Lucia**

**Age Category**

**2006 - 2007 - 2008 - 2009**

**Click here for the [Competition Schedule](#)**

### Competition Format

<b>BOYS</b>	<b>GIRLS</b>	<b>MIXED</b>
Double	Double	Double

### Number of Medals

	<b>Gold</b>	<b>Silver</b>	<b>Bronze</b>	<b>Medal Events</b>
<b>Padel</b>	<b>6</b>	<b>6</b>	<b>6</b>	<b>3</b>

## SWIMMING & PARA SWIMMING

<b>ISF TC President (Swimming)</b>	<b>Alexis Kyriakides</b>
<b>ISF TC President (Para Swimming)</b>	<b>Marcelo Rozember Ottoline de Oliveira</b>

<b>Age Category</b>	<b>2006 - 2007 - 2008 - 2009</b>
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Click [here](#) for the Competition Schedule

Training sessions - Possible on 23rd and 24th. (TBC)

### Competition Format

#### Swimming

BOYS	GIRLS	MIXED RELAYS
Freestyle: 50m, 100m, 200m, 400m, 800m, 4x100m relay Backstroke: 50m, 100m, 200m Breaststroke: 50m, 100m, 200m Butterfly: 50m, 100m, 200m Medley: 200m, 400m, 4x100m relay	Freestyle: 50m, 100m, 200m, 400m, 800m, 4x100m relay Backstroke: 50m, 100m, 200m Breaststroke: 50m, 100m, 200m Butterfly: 50m, 100m, 200m Medley: 200m, 400m, 4x100m relay	Freestyle: 4x100m relay (2 female and 2 male swimmers) Medley: 4x100m relay (2 female and 2 male swimmers)

#### Para Swimming

BOYS	GIRLS
1. 50m breaststroke 2. 50m butterfly 3. 50m backstroke 4. 50m freestyle 5. 200m freestyle 6. 200m medley	1. 50m breaststroke 2. 50m butterfly 3. 50m backstroke 4. 50m freestyle 5. 200m freestyle 6. 200m medley

### Number of Medals

	Gold	Silver	Bronze	Medal Events
<b>Swimming</b>	<b>62</b>	<b>62</b>	<b>62</b>	<b>38</b>
<b>Para Swimming</b>	<b>15</b>	<b>15</b>	<b>15</b>	<b>12</b>

## TABLE TENNIS

ISF TC President

Pieter Schippers

Age Category

2006 - 2007 - 2008 - 2009

**Click here for the [Competition Schedule](#)**

Training sessions - Possible on 23rd and 24th. (TBC)

### Competition Format

#### BOYS

- 1. Single
- 2. Teams

#### GIRLS

- 1. Single
- 2. Teams

### Number of Medals

	Gold	Silver	Bronze	Medal Events
Table Tennis	10	10	12	4

## TAEKWONDO

<b>ISF TC President</b>	<b>Raj Kumar</b>
<b>IF Technical Delegate</b>	<b>Fernando Canada</b>

<b>Age Category</b>	<b>2007 - 2008 - 2009</b>
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Click here for the [Competition Schedule](#)

### Competition Format

KYORUGI		POOMSAE	
BOYS	GIRLS	BOYS	GIRLS
1. -45kg	1.-42kg	Recognized	Recognized
2. -48kg	2.-44kg	Individual	Individual
3. -51kg	3.-46kg	Pair	Pair
4. -55kg	4.-49kg	Team ( 3 athletes)	Team ( 3 athletes)
5. -59kg	5.-52kg	Freestyle	Freestyle
6. -63kg	6. -55kg	Individual	Individual
7. -68kg	7. -59kg	Pair	Pair
8. -73kg	8.-63kg	<b>MIXED GENDER</b>	
9. -78kg	9.-68kg	Free style Poomsae	
10. +78	10.+68kg	Team of 5 athletes (2 Boys and 3 Girls or 2 Girls and 3 Boys)	

### Number of Medals

	Gold	Silver	Bronze	Medal Events
<b>Taekwondo</b>	<b>89</b>	<b>71</b>	<b>94</b>	<b>5</b>

## TENNIS

ISF TC President

Martin Vassallo

Age Category

2006 - 2007 - 2008 - 2009

**[Click here for the Competition Schedule](#)**

Training sessions - Possible on 23rd and 24th of October. (TBC)

### Competition Format

#### BOYS

1. Single
2. Double
3. Teams

#### GIRLS

1. Single
2. Double
3. Teams

### Number of Medals

	Gold	Silver	Bronze	Medal Events
Tennis	14	14	16	6

## WRESTLING

<b>ISF TC President</b>	<b>Habibollah Akhlaghi</b>
<b>IF Technical Delegate</b>	<b>Kristijan Slacanac</b>

<b>Age Category</b>	<b>2007 - 2008 - 2009</b>
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[Click here for the Competition Schedule](#)

### Competition Format

BOYS		GIRLS FREESTYLE
FREESTYLE	GRECO ROMAN	
1. 41-45kg	1. 41-45kg	1. 36-40kg
2. 48kg	2. 48kg	2. -43kg
3. 51kg	3. 51kg	3. -46kg
4. 55kg	4. 55kg	4. -49kg
5. 60 kg	5. 60 kg	5. -53kg
6. 65kg	6. 65kg	6. -57kg
7. 71kg	7. 71kg	7. -61kg
8. 80kg	8. 80kg	8. -65kg
9. 92kg	9. 92kg	9. -69kg
10. 110kg	10. 110kg	10. -73kg

### Number of Medals

	Gold	Silver	Bronze	Medal Events
<b>Wrestling</b>	<b>30</b>	<b>30</b>	<b>60</b>	<b>30</b>

# SPORT

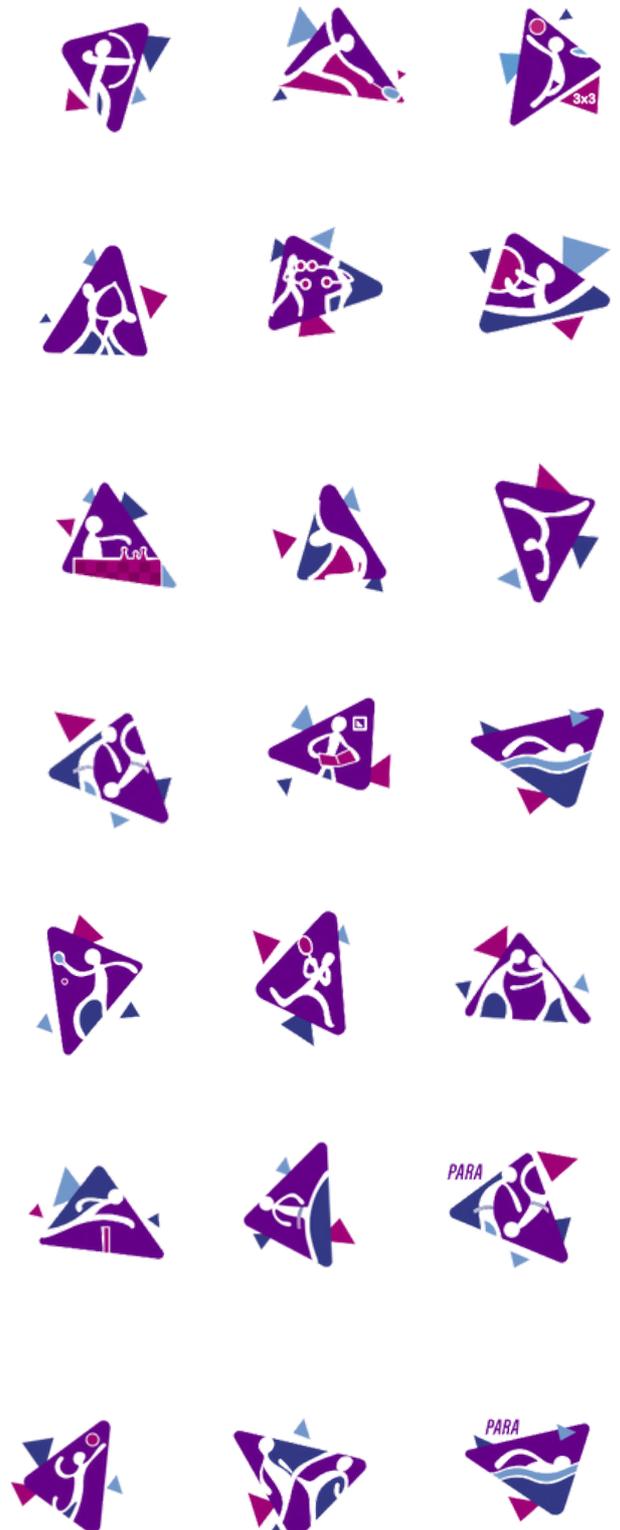


ISF GYMNASIADE  
BAHRAIN 2024

## TECHNICAL RULES

Please click on the link below for rules of each sport :

1. [Archery - Rules & Regulations](#)
2. [Athletics - Rules & Regulations](#)
3. [Badminton - Rules & Regulations](#)
4. [Basketball 3x3 - Rules & Regulations](#)
5. [Beach Volleyball - Rules & Regulations](#)
6. [Boxing - Rules & Regulations](#)
7. [Chess - Rules & Regulations](#)
8. [DanceSport - Rules & Regulations](#)
9. [Fencing - Rules & Regulations](#)
10. [Gymnastics Aerobic - Rules & Regulations](#)
11. [Gymnastics Artistic - Rules & Regulations](#)
12. [Gymnastics Rhythmic - Rules & Regulations](#)
13. [Handball - Rules & Regulations](#)
14. [Judo - Rules & Regulations](#)
15. [Karate - Rules & Regulations](#)
16. [Orienteering - Rules & Regulations](#)
17. [Padel - Rules & Regulations](#)
18. [Swimming - Rules & Regulations](#)
19. [Table Tennis - Rules & Regulations](#)
20. [Taekwondo - Rules & Regulations](#)
21. [Tennis - Rules & Regulations](#)
22. [Wrestling - Rules & Regulations](#)
23. [Para Athletics - Rules & Regulations](#)
24. [Para Badminton - Rules & Regulations](#)
25. [Para Judo - Rules & Regulations](#)
26. [Para Swimming - Rules & Regulations](#)



## COMPETITION VENUES

SPORTS	NAME OF THE VENUES
Archery	Khalifa Sport City Stadium
Athletics & Para Athletics	Isa Sport City - Athletics Track
Badminton & Para Badminton	Isa Sport City - Hall D
Basketball 3x3	Isa Sport City - Outdoor
Beach Volleyball	Isa Sport City - Outdoor
Boxing	Al Ahli Club
Chess	American University of Bahrain (Library Hall)
DanceSport	British School of Bahrain - Hamala
Fencing	Um Al Hasam Sport Halls
Aerobic Gymnastics	American University of Bahrain
Artistic Gymnastics	Khalifa Sport City – Multi Sports Hall
Rhythmic Gymnastics	American University of Bahrain
Handball	Um Al Hasam Handball Halls
Judo & Para Judo	Isa Sport City - FIFA Futsal Hall
Karate	Isa Sport City - Hall C
Orienteering	Al Areen Wild Park
Padel	Padel Plus - Bahrain Mall
Swimming & Para Swimming	Khalifa Sport City - Swimming Pool
Table Tennis	Isa Sport City - Hall B
Taekwondo	Isa Sport City - Hall C
Tennis	Bahrain Tennis Federation Courts (Polytechnic) / Bahrain Tennis Club Courts (Juffair)
Wrestling	Isa Sport City - FIFA Futsal Hall

## SCORING & TIMING SYSTEM

SPORTS	SCORING & TIMING SYSTEM
Archery	Chronotic 2C (Quickness)
Athletics & Para Athletics	Omega
Badminton & Para Badminton	Electronic System
Basketball 3x3	Electronic System
Beach Volleyball	Volleyballlife software subscription
Boxing	Omega
Chess	Swiss Manager
DanceSport	TC President - Dance Sport
Fencing	Allstar
Aerobic Gymnastics	Service Provider from Canada
Artistic Gymnastics	Service Provider from Canada
Rhythmic Gymnastics	Service Provider from Canada
Handball	Kazo - Vision
Judo & Para Judo	Kazo - Vision
Karate	Kazo - Vision / Sport Data
Orienteering	Rented from International Federation
Padel	Online App (Support live results)
Swimming & Para Swimming	Omega
Table Tennis	Kazo - Vision
Taekwondo	KPNP
Tennis	Electronic Scoring (Final - Semi Final)
Wrestling	Will be provided from International Federation

# ISF ACADEMY

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The ISF Academy is the educational center of the International School Sport Federation delivering online and onsite capacity-building activities for teachers, school sports representatives, coaches, officials, and students around the world. It aims to recognize and or to upgrade the knowledge and skills of any of these stakeholders involved or planning to be involved in national, continental, or international sports, educational networks, institutions, events, or organisation.

The mission of this body is to design and deliver short-, mid-, and long-term quality education and capacity-building activities for students, physical education teachers, national school sport representatives, coaches and officials around the world. These educational programmes will be held online on the ISF Academy platform prior to the events and particularly during the organisation of ISF events on-site, after the competition hours.

Therefore, before and during this international ISF event, heads of delegation, coaches, referees, international school athletes, and local school students will have the opportunity to take part in various interactive educational activities on different topics.



# ISF ACADEMY

## GYMNASIADE 2024 FORUM AT BAHRAIN WORLD EXHIBITION CENTER



- **DATE : 24TH, 9:30-12:30 OCTOBER 2024**
- **LOCATION : EXHIBITION WORLD BAHRAIN**  
(ADDRESS: BLOCK 1062, ROAD 6204, SAKHIR, BAHRAIN)
- FORUM IS **OPEN TO ISF MEMBERS REPRESENTATIVES AND DECISION MAKERS**



- THE INFLUENCE OF SPORT AT SCHOOL ON YOUTH, EDUCATION, AND HEALTH.
- THE DISSEMINATION OF SDGS VALUES AND OBJECTIVES THROUGH SCHOOL SPORT.
- TOPIC OF SESSION



**\* SEATS ARE LIMITED SO PLEASE REGISTER FOR ATTENDANCE AT THE FORUM.**

<b>Panel Session I</b>	“Upskilling Youth Through Sports”
<b>Panel Session II</b>	“Promoting a Healthy Lifestyle to School Kids”
<b>Panel Session III</b>	‘Sustainability and the Achievement of the SDGs through Sport at schools.



# ISF ACADEMY

## THE EDUCATIONAL FORUM BAHRAIN WORLD EXHIBITION CENTER

9:00 – 9:05	Welcome & Event presentation	Moderator introducing him/herself and presenting the general framework and objectives of this event.	Hisham Abu Alfateh – Moderator	05m
9:05 – 9:08	VIDEO	Trailer ISF Gymnasiade Bahrain		03m
9:10 – 9:25	Welcome Words	Official welcome speech to attendees	Bahrain Minister of Education	15m
9:40 – 10:10	ALL		BREAK	30m
11:15 – 12:00	Panel Session I “Upskilling Youth Through Sports”	<ul style="list-style-type: none"> <li>-What are the best practices for using sports to promote skills such as teamwork, leadership, and communication?</li> <li>-How can sports be used as a tool for developing important cognitive and physical skills in youth?</li> <li>- How physical education can contribute to skills development of children on the long term?</li> </ul>	<ul style="list-style-type: none"> <li>-Moderator (Dr. Samah Alajjawi - MOE)</li> <li>- Dr. Rashid Mohammed Bin Jassas (faculty member at the Curriculum and Instruction Department in the College of Education at King Saud University )</li> <li>- Dr. Badriya Khalifan (University of Sultan Qaboos)</li> <li>-Nico Widmer – FIBA development manager</li> <li>-Cat O’Sullivan – World Athletics – Kid’s Athletics Manager</li> </ul>	60m



# ISF ACADEMY

11:15 – 12:00	<b>Panel Session II “Promoting a Healthy Lifestyle to School Kids”</b>	<ul style="list-style-type: none"> <li>-How can schools promote healthy habits and behaviors in students through sports?</li> <li>-What are the best practices for using sports to promote physical activity and healthy eating habits?</li> <li>-How can schools work with coaches and educators to create a culture of health and wellness?</li> <li>-How to better improve health through PE and Sport at school?</li> </ul>	<ul style="list-style-type: none"> <li>-Moderator (Ms. Sahar Al Majthoob - MOE)</li> <li>- Dr. Dalal Al Romaihi (Consultant Endocrinologist)</li> <li>- Dr. Saleh AlAnsari (Unesco Advisor)</li> <li>- Rafael Abraham Galva – UWW senior educator and referee</li> </ul>	<b>45m</b>
12:00 – 12:45	<b>ALL</b>		<b>BREAK</b>	<b>45m</b>
12:45 – 13:30	<b>Panel Session III “Sustainability and the Achievement of the SDGs through Sport at schools.</b>	<ul style="list-style-type: none"> <li>-How can sports organizations and institutions in charges of schools’ work with UNESCO to promote sustainability and achieve the Sustainable Development Goals?</li> <li>-What are the best practices for using sports to promote environmental awareness and sustainable practices (good practice in school)?</li> <li>-How can sports organizations work with schools and communities to promote sustainability and the achievement of the SDGs?</li> </ul>	<ul style="list-style-type: none"> <li>-Moderator (Dr. Shaikha Abdulla Mufeez - MOE)</li> <li>- Dr. Mubarak Abdulla Butti (Acting Secretary General of the Bahrain National Commission for Education, Science &amp; Culture)</li> <li>-Ian Wright – Badminton World Federation Development Director</li> <li>-Amir Borghei – ITF Development Officer - West &amp; Central Asia</li> </ul>	<b>45m</b>
14:00 – 14:03	<b>VIDEO</b>	<b>Video of the Gymnasiade or educational activities</b>	<b>BREAK</b>	<b>3m</b>
14:05 – 14:10				<b>5m</b>



ISF GYMNASIADE  
BAHRAIN 2024

# ISF ACADEMY

## EDUCATIONAL ACTIVITIES

You will find below a non-exhaustive list of themes that will be proposed to young athletes during this event:

- Safeguarding children in sport
- Anti-Doping prevention in Sport
- Mental Health and Well-being in sport

Please note that **these activities are compulsory** to attend during event particularly for the school athletes. The educational activities will take place on the **25th-29th** of October.



# ISF ACADEMY

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## EDUCATIONAL ACTIVITIES

### SAFEGUARDING CHILDREN IN SPORT

We believe that children have the inner resources if educated, to fully understand, identify and react in front of negative behavior such as racism, gender inequity or violence and abuse. The challenge for ISF is to find the right way to express difficult ideas and present complicated topics to young people in order for them, not only to understand but also to appropriately apprehend this issue and be able to react if facing it.

Creating awareness and giving the opportunity for the participants to be able to transfer their knowledge when getting back home to their peers is also key to ISF.

Using storytelling, technical basic information, and fostering discussion, the Safeguarding workshop aims to give a clear understanding of the issues surrounding safeguarding in sport. It also aims to give youngsters the knowledge to identify and name abusive behaviours and understand how to react in such cases.

And finally, this class aims to give young people the tools to understand that it's not their fault, that they can ask for help, and where to find help.



**SOPHIE BORDET,**  
SAFE SPORT OFFICER  
(IOC CERTIFIED IN SAFEGUARDING)



**KIERAN DOHERTY,**  
SAFE SPORT ASSOCIATE (ALTER EGO)



**ORIANA CHARLES,**  
SAFE SPORT ASSOCIATE (ALTER EGO)



**KAREN LEACH,**  
SAFE SPORT ASSOCIATE (ALTER EGO)

# ISF ACADEMY

## EDUCATIONAL ACTIVITIES

### ANTI-DOPING EDUCATION

Anti-doping education is of the utmost importance for young people due to several compelling reasons and we believe that young people have the inner resources to fully understand, identify and react in front of negative behaviour such as doping.

The challenge for ISF is to find the **right way to express difficult ideas and present complicated topics to young people** in order for them, **not only to understand but also to appropriately apprehend this issue and be able to react if facing it**. Creating awareness and giving the opportunity for the participants to be able to transfer their knowledge when getting back home to their peers is also key to ISF.

Anti-doping education goes beyond the realm of sports. It serves as a platform to impart valuable life lessons and cultivate ethical values in young individuals. By emphasizing the importance of honesty, integrity, and personal responsibility, anti-doping education contributes to the moral development of young athletes. It encourages them to make informed choices, stand up against cheating, and develop a strong sense of integrity that extends beyond the realm of sports and into other aspects of their lives. anti-doping education plays a crucial role in shaping the attitudes and behaviors of young people involved in sports. Educating them about the risks, consequences, and ethical implications of doping, promotes health, fair play, and integrity while providing them with the necessary tools to make informed decisions that align with their long-term well-being and athletic aspirations.



**RENATA KOCZYK,**  
ANTI-DOPING EXPERT,  
(MEMBER OF THE DISCIPLINARY COMMITTEE  
OF THE POLISH ANTI-DOPING AGENCY)



**MARTA NATALIA TOMKIEWICZ-  
JANUSZEWSKA,**  
ANTI-DOPING ASSOCIATE

# ISF ACADEMY

## EDUCATIONAL ACTIVITIES

### MENTAL HEALTH AND WELL-BEING IN SPORT

In a world where 1 in 5 children faces mental health challenges—yet many do not receive the care they need, we believe that granting young people access to information about mental health is crucial for empowering them to understand and manage their well-being, especially in sports.

This issue is more urgent than ever. It's essential for adolescents to have accurate and relevant information at their fingertips.

ISF has decided to include this important topic in its educational activities, recognizing the need to present these complex issues in a way that resonates with youths.

This workshop will focus on the importance of discussing mental health in the sports context, emphasizing that mental health is just as essential as physical health. Participants will learn that physical performance cannot thrive without mental resilience, highlighting the interconnectedness of how we feel physically and emotionally.

It will address common challenges young athletes face, highlighting the pressures that can impact how they feel. Participants will learn about the positive effects of sports and, through discussions on recognizing signs of distress and using visuals to show helpful actions, they will receive practical advice on how to support themselves and their friends during tough times. This workshop aims to equip young people with the knowledge and tools they need to deal with mental health issues in sports, creating a supportive community where they feel comfortable seeking help and helping each other.



**MARIA BRAY,**

MENTAL HEALTH EXPERT

GLOBAL ADVISOR ON CHILD PROTECTION AND MH/PS

# ISF ACADEMY

## SCHEDULE (DRAFT)

### LOCATION/VENUE TO BE CONFIRMED

Place		Lecture Halls 1	Lecture Halls 2	Lecture Halls 3
Date	Time /Class	Safeguarding & Anti-Doping	Mental health & Anti-Doping	Mental health & Safe guarding
25th, Oct	15:00-16:15	Arabic 1 Bahrain(1)	Arabic 2 Bahrain(2)	Arabic 3  Algeria Egypt Jordan Oman Yemen Libya
	16:30-17:45	Arabic 4 Saudi Arabia(1)	Arabic 5 Saudi Arabia(2)	Arabic 6 UAE(1)
26th, Oct	15:00-16:15	Arabic 7 UAE(2)	Arabic 8 / French 1  Kuwait Morocco Benin	French 2  France Belgium Switzerland Luxembourg Ivory Coast Cameroon Mali Togo Mauritius
	16:30-17:45	Russian  Kazakhstan Ukraine Moldova	Turkish/ Persian  Turkiye Azerbaijan Iran Tajikistan	Hungarian/ Czech / Slovenian / Georgian  Hungary Slovenia Czech Republic Georgia Poland

# ISF ACADEMY

## SCHEDULE (DRAFT)

### LOCATION/VENUE TO BE CONFIRMED

Place		Lecture Halls 1	Lecture Halls 2	Lecture Halls 3
Date	Time /Class	Safeguarding & Anti-Doping	Mental health & Anti-Doping	Mental health & Safe guarding
28th, Oct	15:00-16:15	Portuguese 1 Brazil(1)	Portuguese 2 Brazil(2)	English 1 England USA
	16:30-17:45	Chinese Chinese Taipei P.R. China	Chinese 2 / Japan1 / Bulgarian 1 / Armenian  Hong Kong Japan Bulgaria Armenia	English 2  Australia South Africa Nigeria Sierra Leone Uganda India Malta Philippines
29th, Oct	15:00-16:15	Croatian / Bengali/ Estonian  Croatia Bangladesh Estonia	Greek  Cyprus Greece	Romanian  Romania
	16:30-17:45	Spanish 1 / German / Italian  Argentina Chile Puerto Rico Austria Germany Italy	Spanish 2  Mexico	Malawi North Macedonia Pakistan Qatar Quebec Republic of Srpska

# ISF ACADEMY

## INTERNATIONAL FEDERATION EXPERTS DELIVERING WORKSHOPS FOR PE TEACHERS BAHRAIN

The ISF Academy collaborates with various International Federations (IFs) to provide **On-site training for educators and PE teachers from Bahrain**. Experts from each IF conduct these training sessions, which are designed to ensure the best performance and physical and emotional safety for athletes. The training is customized by sport and combines theoretical knowledge with practical application. It will take place from **October 25th to 29th, over five days**, in lecture halls and the Fun & Skill Zone area.

These educational & capacity building activities is for **local Bahrain PE teacher exclusively**

The following IFs have participated in its organization.

1. UWW(United World Wrestling)
2. World Athletics
3. ITF(International Tennis Federations)
4. IHF(International Handball Federations)
5. BWF(Badminton World Federation)
6. FIG(International Gymnastics Federation)
7. FIBA(International Basketball Federation)
- 8> FIE (International Fencing Federation)





ISF GYMNASIADE  
BAHRAIN 2024

# ISF ACADEMY

## INTERNATIONAL FEDERATION EXPERTS DELIVERING WORKSHOPS FOR PE TEACHERS BAHRAIN

Date	Time	IFs experts delivering daily workshops
1st day 25th, Oct	08:50-09:00	Opening speech and welcome - ISF
	09:00-11:00	United World Wrestling(Theoretical)
	11:00-13:00	United World Wrestling(Practical)
	13:00-14:00	Lunch / Break
	14:00-16:00	World Athletics(Theoretical)
	16:00-18:00	World Athletics(Practical)
2nd day 26th, Oct	09:00-11:00	International Gymnastics Federation(Theoretical)
	11:00-13:00	International Gymnastics Federation(Practical)
	13:00-14:00	Lunch / Break
	14:00-16:00	International Handball Federations(Theoretical)
	16:00-18:00	International Handball Federations(Practical)
3rd day 27th, Oct	09:00-11:00	Badminton World Federation(Theoretical)
	11:00-13:00	Badminton World Federation(Practical)
	13:00-14:00	Lunch / Break
	14:00-16:00	International Basketball Federation(Theoretical)
	16:00-18:00	International Basketball Federation(Practical)
4th day 28th, Oct	09:00-11:00	Complexcore
	11:00-13:00	International Tennis Federations(Practical)
	13:00-14:00	Lunch / Break
	14:00-16:00	International Tennis Federations(Theoretical)
5th day 29th, Oct	09:00-11:00	International Fencing Federations(Practical)
	11:00-13:00	International Fencing Federations(Theoretical)
	13:00-14:00	Closing ceremony and Awarding Certificates - ISF



UNITED WORLD  
WRESTLING



WORLD  
ATHLETICS™



ITF  
International Tennis Federation



FIE  
INTERNATIONAL  
FENCING  
FEDERATION



BWF  
BADMINTON  
WORLD  
FEDERATION



FIBA

We Are Basketball





ISF GYMNASIADE  
BAHRAIN 2024

# ISF ACADEMY

## FUN & SKILLS ZONE

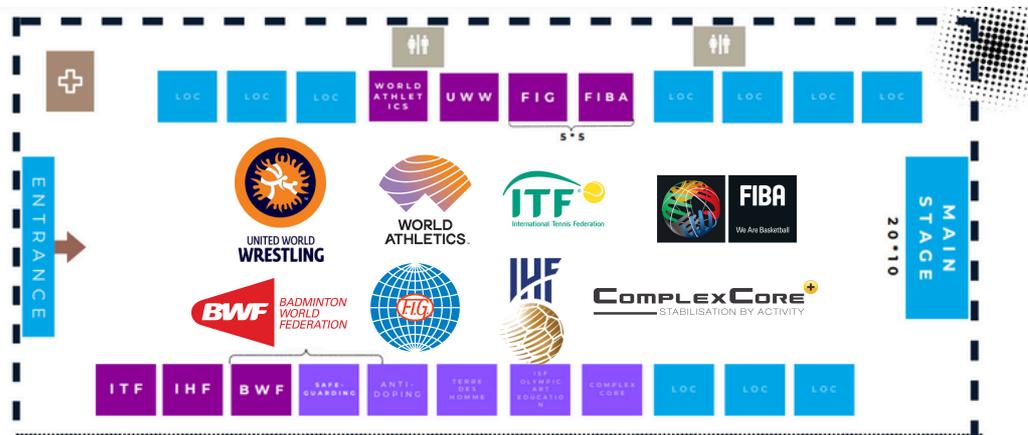


The **Fun and Skill Zone** concept aims to **provide the participants athletes, coaches and the local young participants with an open area where a variety of educational, physical, and cultural activities** are proposed on the daily basis. More than twenty (20) **international federations, ISF Academy educational and national organisations & partner booths** will gather aiming to raise awareness on the Olympic values and art, to discover traditional or innovative sports, and to discover the culture of the different participating countries and particularly Bahrain. Participants will have the occasion to participate in activities with all our International Sports Federations partners, with our safeguarding Children, Doping prevention, mental health, physiology and kinesiology experts (complex core).

It will be the heart of the Gymnasiade. The place where the different delegations can meet, learn, discuss and get to know each other better.



DATE : DURING THE EVENTS  
(24TH - 30TH, OCTOBER 2024, 9:00-18:00)  
**\*PLEASE NOTE THAT OPERATING HOURS MAY VARY BY BOOTHS.**  
LOCATION : ISA SPORTS CITY  
(ADDRESS: 5G4W+93R, RIFFA, BAHRAIN)



**FUN & SKILLS ZONE-  
NATIONS NIGHT VENUE**

80 \* 40 M





ISF GYMNASIADE  
BAHRAIN 2024

# ADDITIONAL INFORMATIONS

## WEATHER

20	21	22	23	24	25	26
						
34° 29°	34° 29°	33° 28°	31° 28°	30° 27°	31° 25°	28° 24°
27	28	29	30	31	1	2
						
29° 26°	31° 27°	31° 26°	32° 25°	31° 26°	32° 26°	31° 26°

# DEPARTURE

## DATE

- The teams will depart to the airport by bus organized from the accommodation according to the flight time 3 hours before the flight.
- Delegations are requested to provide confirmation of their departure information no later than 3 days before departure to the LOC.

# COMMUNICATION

## EVENT PAGE

Results, photos, videos and event handbook will be communicated on the event page :

<https://events.isfsports.org/isf-gymnasiade-bahrain-2024/>

## SOCIAL MEDIAS

Promotion of the event will be done on all ISF social networks that we kindly invite you to follow:



[@ISFsports](https://www.facebook.com/ISFsports)



[@ISFsports](https://twitter.com/ISFsports)



[@ISFsports](https://www.instagram.com/ISFsports)



[/isfsports](https://www.linkedin.com/company/isfsports)



[@isfsports](https://www.youtube.com/channel/UCisfsports)

EVERY CONTENT WILL BE PUBLISHED WITH THE FOLLOWING HASHTAG :

**#ISFSports #ISFGymnasiade #Bahrain2024**

YOU CAN ALREADY START MAKING THE PROMOTION OF YOUR DELEGATION PARTICIPATION BY USING THIS HASHTAG.

## BROADCASTING & ISF TV



During the tournament, matches will be broadcasting on the ISF TV platform :

Register and enjoy the live ! <https://tv.isfsports.org/>

**Contact :** [communication@isfsports.org](mailto:communication@isfsports.org)

Should you have any questions, the communication team will be happy to help and answer you !



ISF GYMNASIADE  
BAHRAIN 2024

**ENJOY A ONCE  
IN A LIFETIME EXPERIENCE!**